Participatory Medicine is a model of cooperative health care that seeks to achieve active involvement by patients, professionals, caregivers, and others across the continuum of care on all issues related to an individual's health. Participatory medicine is an ethical approach to care that also holds promise to improve outcomes, reduce medical errors, increase patient satisfaction and improve the cost of care.

**Mission**
Catalyzing collaborative partnerships across the continuum of care to optimize health and health care

**Vision**
Participatory Medicine is an integral part of a clinical encounter and all other aspects of health care

**Guiding Principles**

1) To guide patients and caregivers to be actively engaged in their health and health care experiences
2) To guide health professional practices where patient experience and contribution is an integral part of excellence
3) To encourage mutual collaboration among patients, health professionals, caregivers, and others allowing them to partner in determining care
The nature of our work is to develop information, ideas, policies, skills and outreach to spread awareness and adoption. Our work is in four domains.

**Goals:**

1) Develop and disseminate resources, tools, and curricula that encourage adoption of participatory medicine practices
2) Cultivate forums for exchange of research, data, and ideas regarding the adoption of participatory medicine
3) Advocate for policies that support the core premises of participatory medicine
4) Stimulate awareness and foster collaboration among all stakeholders to advance participatory medicine
<table>
<thead>
<tr>
<th>Education</th>
<th>Strategic Initiative</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Goal</strong></td>
<td><strong>Strategic Initiative</strong></td>
</tr>
</tbody>
</table>
| Develop and disseminate resources, tools, and curricula that encourage adoption of participatory medicine practices | White Paper  
“E-Patients: How They Can Help Us Heal Healthcare”  
French-coming soon  
E-Patients Blog  
[http://e-patients.net/](http://e-patients.net/)  
The Journal of Participatory Medicine  
A peer-reviewed, open access journal with the mission to advance the understanding and practice of participatory medicine among health care professionals and patients.  
Resource Repository  
Member only hub of resources and tools for the patient, caregiver & healthcare professionals and others by key categories  
Healthcare Professional Education  
Lifelong education that teaches healthcare professionals how to incorporate participatory medicine into practice and enable patients as partners in healthcare by understanding patient experience (e.g. CE/CME)  
Webinars  
Internal/external series to disseminate best practices across the healthcare spectrum that supports participatory medicine  
Ambassador Program  
Standard training that allows members to spread the participatory medicine movement through their respective channels and speaking engagements  
Participatory Patient/Caregiver Academy  
Education that provides patients/caregivers with toolkit to become empowered and understand healthcare system  
Participatory Medicine Guidelines  
Guiding principles healthcare providers, patients, and organizations can use to incorporate participatory medicine into strategies  
Practical Strategies & Tips |
<table>
<thead>
<tr>
<th>Goal</th>
<th>Strategic Initiative</th>
</tr>
</thead>
<tbody>
<tr>
<td>Translation of theory into practice through concrete steps healthcare professionals and patients can take to implement participatory medicine.</td>
<td>Participatory Medicine Advisors Group of trained members that serve as consultants for external organizations around key topics (e.g. patient empowerment, patient experience &amp; technology in healthcare)</td>
</tr>
</tbody>
</table>

### Research

<table>
<thead>
<tr>
<th>Goal</th>
<th>Strategic Initiative</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cultivate forums for exchange of research, data, and ideas regarding the adoption of participatory medicine.</td>
<td>The Journal of Participatory Medicine Peer-reviewed, open access journal with the mission to advance the understanding and practice of participatory medicine among healthcare professionals and patients. <a href="http://www.jopm.org/">http://www.jopm.org/</a> Research Library Research repository of existing research that demonstrates the impact of participatory medicine Research Exchange Ecosystem Forum for exchanging participatory medicine research and ideas Executive Briefings Up-to-date review and analysis of critical issues, research, emerging trends, best practices and implementation experiences Research Agenda Establish a research agenda to understand the impact of participatory medicine.</td>
</tr>
</tbody>
</table>

### Advocacy/Policy

<table>
<thead>
<tr>
<th>Goal</th>
<th>Strategic Initiative</th>
</tr>
</thead>
<tbody>
<tr>
<td>Advocate for policies that support the core premises of participatory medicine.</td>
<td>SPM Seal Program Public partnership between healthcare providers and patients who commit to simple, achievable goals to demonstrate their commitment to participatory medicine through access and understanding of laboratory data, continuous feedback and improvement mechanisms, and the dissemination and use of resources in care Public Policy &amp; Advocacy Team Ensures participatory medicine and voice of the patient is reflected in legislative and regulatory policy Code of Conduct</td>
</tr>
</tbody>
</table>
Guiding Principles for development & or support of patient education and engagement

Ethical Principles
Development of an ethical framework for participatory medicine

<table>
<thead>
<tr>
<th>Community Goal</th>
<th>Strategic Initiative</th>
</tr>
</thead>
</table>
| Stimulate awareness and foster collaboration among all stakeholders to advance participatory medicine | Speakers Database  
Database of expert members to serve as conference speakers  
Newsletters  
Social Media Outreach  
Discussion Forums  
Creation of a platform for an exchange of ideas  
Conferences/Workshops/Patient Panels  
Membership  
Develop and equip a diverse membership across the healthcare spectrum that allows for a vibrant dialogue and the spread of action oriented participation |
| Patient Scholarships | Create and manage a scholarship fund to support patient participation in conferences |