



Participatory Medicine is a model of cooperative health care that seeks to achieve active involvement by patients, professionals, caregivers, and others across the continuum of care on all issues related to an individual's health. Participatory medicine is an ethical approach to care that also holds promise to improve outcomes, reduce medical errors, increase patient satisfaction and improve the cost of care.

Mission

Catalyzing collaborative partnerships across the continuum of care to optimize health and health care

Vision

Participatory Medicine is an integral part of a clinical encounter and all other aspects of health care

Guiding Principles

- 1) To guide patients and caregivers to be actively engaged in their health and health care experiences
- 2) To guide health professional practices where patient experience and contribution is an integral part of excellence
- 3) To encourage mutual collaboration among patients, health professionals, caregivers, and others allowing them to partner in determining care

Blueprint

The nature of our work is to develop information, ideas, policies, skills and outreach to spread awareness and adoption. Our work is in four domains.



Goals:

- 1) Develop and disseminate resources, tools, and curricula that encourage adoption of participatory medicine practices
- 2) Cultivate forums for exchange of research, data, and ideas regarding the adoption of participatory medicine
- 3) Advocate for policies that support the core premises of participatory medicine
- 4) Stimulate awareness and foster collaboration among all stakeholders to advance participatory medicine

Education

Goal	Strategic Initiative
Develop and disseminate resources, tools, and curricula that encourage adoption of participatory medicine practices	White Paper “E-Patients: How They Can Help Us Heal Healthcare” http://e-patients.net/e-Patients_White_Paper.pdf http://e-patients.net/u/2011/11/Libro-blanco-de-los-e-Pacientes.pdf (Spanish version) French-coming soon
	E-Patients Blog http://e-patients.net/
	The Journal of Participatory Medicine A peer-reviewed, open access journal with the mission to advance the understanding and practice of participatory medicine among health care professionals and patients. http://www.jopm.org/
	Resource Repository Member only hub of resources and tools for the patient, caregiver & healthcare professionals and others by key categories
	Healthcare Professional Education Lifelong education that teaches healthcare professionals how to incorporate participatory medicine into practice and enable patients as partners in healthcare by understanding patient experience (e.g. CE/CME)
	Webinars Internal/external series to disseminate best practices across the healthcare spectrum that supports participatory medicine
	Ambassador Program Standard training that allows members to spread the participatory medicine movement through their respective channels and speaking engagements
	Participatory Patient/Caregiver Academy Education that provides patients/caregivers with toolkit to become empowered and understand healthcare system
	Participatory Medicine Guidelines Guiding principles healthcare providers, patients, and organizations can use to incorporate participatory medicine into strategies
	Practical Strategies & Tips

	Translation of theory into practice through concrete steps healthcare professionals and patients can take to implement participatory medicine
	Participatory Medicine Advisors Group of trained members that serve as consultants for external organizations around key topics (e.g. patient empowerment, patient experience & technology in healthcare)

Research	
Goal	Strategic Initiative
Cultivate forums for exchange of research, data, and ideas regarding the adoption of participatory medicine	The Journal of Participatory Medicine Peer-reviewed, open access journal with the mission to advance the understanding and practice of participatory medicine among health care professionals and patients. http://www.jopm.org/
	Research Library Research repository of existing research that demonstrates the impact of participatory medicine
	Research Exchange Ecosystem Forum for exchanging participatory medicine research and ideas
	Executive Briefings Up -to date review and analysis of critical issues, research, emerging trends, best practices and implementation experiences
	Research Agenda Establish a research agenda to understand the impact of participatory medicine

Advocacy/Policy	
Goal	Strategic Initiative
Advocate for policies that support the core premises of participatory medicine	SPM Seal Program Public partnership between healthcare providers and patients who commit to simple, achievable goals to demonstrate their commitment to participatory medicine through access and understanding of laboratory data, continuous feedback and improvement mechanisms, and the dissemination and use of resources in care
	Public Policy & Advocacy Team Ensures participatory medicine and voice of the patient is reflected in legislative and regulatory policy
	Code of Conduct

	Guiding Principles for development & or support of patient education and engagement
	Ethical Principles Development of an ethical framework for participatory medicine

Community	
Community Goal	Strategic Initiative
Stimulate awareness and foster collaboration among all stakeholders to advance participatory medicine	Speakers Database Database of expert members to serve as conference speakers
	Newsletters
	Social Media Outreach
	Discussion Forums Creation of a platform for an exchange of ideas
	Conferences/Workshops/Patient Panels
	Membership Develop and equip a diverse membership across the healthcare spectrum that allows for a vibrant dialogue and the spread of action oriented participation
	Patient Scholarships Create and manage a scholarship fund to support patient participation in conferences