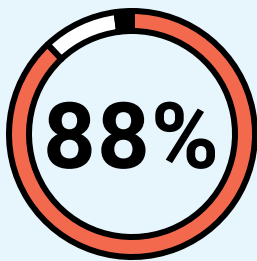
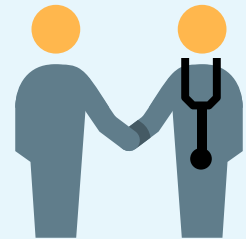


# Patients Overwhelmingly Believe in Partnership With Their Clinicians to Improve Overall Health

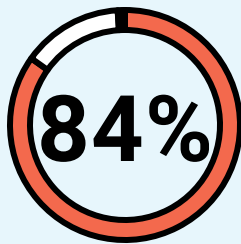
National survey also reveals people see benefits in monitoring and sharing their health information between visits



88% believe that working with their health care professional AS A PARTNER will help them manage and improve their overall health.

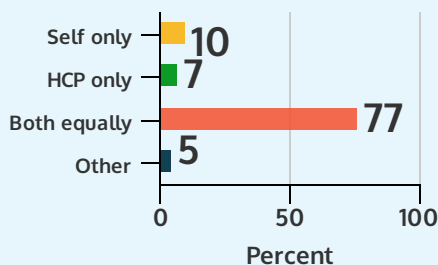


Health care as collaboration = Participatory Medicine

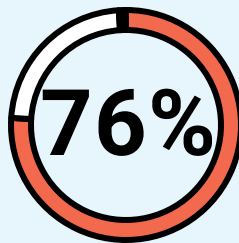


84% believe self-tracking their health data\* & sharing it with their health care professional (HCP) between visits would help them better manage their health.

Believe that easily and accurately monitoring their bodies is important to ...



76% would use a clinically accurate and easy-to-use monitoring device:



81% are more likely to use device if their HCP recommended it.

\*"Health data" includes blood pressure, heart rate, respiratory rate, glucose, physical activity and other key assessments

This survey and infographic brought to you by  
The Society for Participatory Medicine.  
More info at [ParticipatoryMedicine.org](http://ParticipatoryMedicine.org)

Study was conducted by ORC International Dec. 10-13, 2015 using two probability samples: randomly selected landline telephone numbers and randomly selected mobile (cell) telephone numbers. The combined sample consists of 1,012 adults (18 years old and older) living in the continental United States. Of the 1,012 interviews, 512 were from the landline sample and 500 from the cell phone sample. The margin of error for the sample of 1,012 is +/- 3.08% at the 95% confidence level. Smaller subgroups will have larger error margins.