Participatory Medicine is collaboration

and collaboration makes healthcare better for everyone

Join Us!

Source: http://www.fortbendhabitat.org/
Transforming the Culture of Patient Care

Be Part of the Change

Aging populations, innovation and technology are changing business as usual in healthcare.

- high patient expectations
- technology enabled care
- focus on quality and costs
- big data use at point of care

Community & conversations

Patients, care givers, doctors, nurses, administrators engage in active discussions

Advocacy

SPM public policy committees work to inspire and influence public policy

Research

Our member accessible peer-reviewed Journal of Participatory Medicine will publish the latest research

Education

Webinars, online courses, presentations and workshops are being developed for healthcare professionals, patients and others

Technology Picks up the Pace of Change

Technology is rapidly accelerating our ability to connect with each other, to share, to amplify the voice of patients, to collaborate. Just one of the many reasons it is so important to get involved now.

"For too long both patients and healthcare professionals have thought of healthcare as a car wash, with the patient passively moving through the healthcare system, getting health sprinkled on them, and coming out healthy. This lack of engagement results in dissatisfaction, high costs, and poor quality care. We need to reimagine healthcare as an active collaboration between the patient and the healthcare professional."

Dr. Danny Sands, Co-founder and Chairman, Society for Participatory Medicine
There are three criteria that any initiative for positive change in healthcare will be assessed against. There is a body of emerging evidence that Participatory Medicine delivers on all three.

**Improved Health Outcomes**

Shared decision making by patients and healthcare professionals lead them to make better health and healthcare decisions. And healthcare professionals who practice participatory medicine are able to better tailor care to their situation.

**Greater Satisfaction**

Patients feel respected and in control when the healthcare process is transparent, informative, reasonably convenient and collaborative. A great benefit of Participatory Medicine is that healthcare professionals feel more satisfaction as well.

**Lower Costs**

Existing and emerging studies show the link between patient engagement and better health outcomes leading to lower costs. Engaged patients have lower hospital readmission rates and are more aware of the value of preventive care and early detection.

### Shared decisions, engaged patients

<table>
<thead>
<tr>
<th>Survey Question</th>
<th>Satisfied with Provider</th>
<th>Not Satisfied</th>
</tr>
</thead>
<tbody>
<tr>
<td>Takes time to understand my goals and concerns</td>
<td>95%</td>
<td>70%</td>
</tr>
<tr>
<td>Clearly explains the last medical evidence</td>
<td>92%</td>
<td>61%</td>
</tr>
<tr>
<td>Explains the benefits of my options</td>
<td>97%</td>
<td>77%</td>
</tr>
<tr>
<td>Explains the risks of my options</td>
<td>97%</td>
<td>76%</td>
</tr>
<tr>
<td>Helps me to take decisions after considering all the options</td>
<td>94%</td>
<td>73%</td>
</tr>
</tbody>
</table>

People who are satisfied with their healthcare provider are more likely to make these statements about their provider.

Some think patient engagement and empowerment is an insult to the wisdom of the clinicians. Nothing could be further from the truth. Activated, engaged patients contribute to the work of care.

“e-Patient Dave” deBronkart  
Co-Founder and Chair Emeritus  
Society for Participatory Medicine

---

Source: Consumer Reports National Research Center  
on-line survey of 1,068 US adults, 2012  
The Wall Street Journal
Unleash the power of partnership

Participatory Medicine is a movement in which patients and health professionals actively collaborate and encourage one another as full partners in healthcare.

The Society for Participatory Medicine is the preeminent organization and driving force in promoting true partnerships between patients, caregivers and healthcare professionals.

Join us and be a change maker!

Join the growing list of partners and supporters who have already signed up to help us transform the culture of patient care.

Organizations & Companies:
Choose from a variety of programs to sponsor. Apply what you learn where it matters most for you - with patients, employees, healthcare professionals, caregivers and others.

Individuals:
Join the community and add to the conversation. Learn from and be inspired by your peers and others working to make healthcare better.

“We all need to keep in mind that healthcare exists for the patient. The story of healthcare is about people, and we have to do better. And that starts with doing something.”

Mandi Bishop,
Chief Evangelist and Co-founder
Aloha Health
Partnership and Sponsorship Opportunities

Sips with the Society  S4PM Learning Exchange  Education Initiatives

Community Forum Platform  Administrative support  SPM Research Library

Contact us to learn more about these programs or to discuss other ways to get involved

info@participatorymedicine.org
About The Society
The Society for Participatory Medicine was created by a passionate group of professionals and patients with a dream to start a movement to transform the culture of healthcare.

We envision a time when patients become full and valued partners in collaborative relationships with health professionals to achieve better health and wellbeing. We are a 501(c)(3) not-for-profit membership organization.

Leadership
Through deep commitment to the cause of improving peoples’ health and wellbeing, the all volunteer Board of SPM has assembled an unmatched level of knowledge, expertise and compassion.

Contact Us: info@participatorymedicine.org

"When you’re baffled by the disconnects of your healthcare experience, The Society is where you find your “tribe”. They’re a community of patients, clinicians and other smart, caring people, generous with their knowledge, and taking personal responsibility for making healthcare better.

Pat Mastors,
Co-Founder, Board Chair
Patients’ View Institute

LET’S BREAK DOWN THE BARRIERS TOGETHER

The brochure concept was created with the participation of First Line Software
www.firstlinesoftware.com

First Line Software is a premier provider of custom software development, technology enablement services and value-add consulting in big data engineering, healthcare IT, digitalization, intellectual integration, industrial Internet and IoT, digital media and marketing, and enterprise content management. Headquartered in Cambridge, MA, First Line Software employs 450+ staff globally.